

Progressive Physical Therapy Matters For Neurological Patients!



The core belief at Apex is that strength is for everyone. We create an unparalleled adaptive and inclusive therapy and training experience that allows everyone to thrive and reach their highest potential.

Our programs are designed to focus on building strength, function, and resilience, without forcing people to fit a mold. Progress is personal, adaptation is essential, and dignity always comes first.



Conditions that would thrive here

- Parkinson's Disease
- Spinal Cord Injury
- Multiple Sclerosis
- Ataxia
- Cerebral Palsy
- Balance & Falls
- Intellectual & Developmental Disorder
- Vertigo & Dizziness
- Vestibular Disorders
- Post-Concussion Syndrome

**If you have other physical and intellectual disabilities, please reach out to us to discuss treatment options (904) 516-0124*

If you've been told that you've plateaued but know you haven't found your peak...call us today!

Adaptive Performance Therapy



- Comprehensive assessment
- Individualized and targeted treatment
- In-clinic and in-home treatment available
- Events and ongoing support

**Graduated From Rehab or
been told you've plateaued?**

One-on-One Training, Meet Andrew!

Andrew's attitude is an inspiration to many. He loves to discuss baseball, UGA Bulldogs football, and board games, all while working hard on his training. Andrew has Cerebral Palsy, is hearing impaired, and was diagnosed with cancer two years ago. His one-on-one training with Mike, Jenna, and Liz is focused on improving mobility, gait, fall prevention & recovery, while building strength. Andrew has been to other clinics, but finds that at Apex, the environment and the staff's motivation, undivided attention, and progressive approach has helped him shatter all expectations. Andrew also enjoys the challenge Apex encourages; his favorite exercises are running with Mike, throwing the medicine ball, and pushing the weighted sled. Andrew has made great strides with his independence, strength, walking, and standing without assistance, and feels supported to keep achieving goals and reaching his peak.

Apex was amazing and life-changing."

