



ADAPTIVE THERAPY, DELIVERED

Apex Rehabilitation & Training believes strength is for everyone. Our adaptive therapy and fitness services support neurologically impaired individuals at every stage of recovery, from skilled care in the home to advanced training opportunities in our gym setting when appropriate. We recognize that every person's mobility, goals, and recovery journey are unique. Through inclusive, evidence-informed care, we focus on building strength, function, confidence, and resilience while honoring each individual's abilities and lived experience. Progress is personal, adaptation is essential, and dignity always comes first.

Proudly Servicing:

Jacksonville, Jacksonville Beach,
St. Johns, Ponte Vedra, Nocatee

Jacksonville Clinic:

8210 Cypress Plaza Dr #101
Jacksonville, FL 32256



OUR SERVICES

- Neurologic Rehabilitation
- Vestibular Rehabilitation
- Adaptive Training
- Physical Therapy
- Fall Prevention & Balance Training

CONDITIONS THAT THRIVE WITH US

- Parkinson's Disease
- Spinal Cord Injury
- Multiple Sclerosis
- Ataxia
- Cerebral Palsy
- Balance & Falls
- Intellectual & Developmental Disabilities (IDD)
- Vertigo & Dizziness
- Vestibular Disorders
- Post-Concussion Disorder

*If you have other physical or intellectual disabilities, please reach out to us to discuss treatment options

**WE ACCEPT MEDICARE, TRICARE, AND
PLANS FROM MOST OTHER MAJOR
INSURANCE PROVIDERS**

